

From: Jaffe, Lyle D  
Sent: Tuesday, June 10, 2003 7:46 AM  
To: Dockets, FDA  
Subject: FW: diet coke - headache, aging, bipolar, etc. Aspartame Disease

-----Original Message-----

From: Betty Martini [mailto:BettyM19@mindspring.com]  
Sent: Monday, June 09, 2003 7:50 PM  
To: Greg Miller  
Subject: Re: diet coke - headache, aging, bipolar, etc. Aspartame Disease

Dear Greg,

I don't have her email but I can send the information to you. First of all, headache is #1 on the FDA list of 92 documented symptoms triggered by aspartame as listed on [www.dorway.com](http://www.dorway.com). Aspartame won't ever help her headaches but it can literally kill her. It is a deadly chemical poison. It damages the cardiac conduction system and causes sudden death. Read the article about it by the Idaho Observer on their web site, March article titled Aspartame Poisoning cover for Ephedra. We believe many of the athlete's are dropping dead because of aspartame. And there is now a medical text on it by H. J. Roberts, M.D., Aspartame Disease: An Ignored Epidemic, [www.sunsentpress.com](http://www.sunsentpress.com). It goes through headaches triggered by aspartame.

Yes, the phenylalanine in aspartame lowers the seizure threshold and depletes serotonin. Lowered serotonin triggers manic depression (bipolar), insomnia, suicidal tendencies, panic attacks, suicidal tendencies, etc.

Aspartame damages the mitochondria of the cell which is the life of the cell and yes, it does make people grow old. It will make your hair come out or turn gray as well. And yes it binds to calcium and many have lost all their teeth because of aspartame.

I will be happy to talk to her if she will call me, 770 242-2599, or she can get on [www.dorway.com](http://www.dorway.com) or the support groups.

The case we are working on now is someone who died of aspartame and showed the usual chronic methanol poisoning. There is free methyl alcohol released from aspartame. His autopsy showed all the other changes we would expect or as Dr. H. J. Roberts said "Right on target". The problem is the prosecution didn't know methanol was in aspartame and his wife was sentenced to 30 years and 20 years concurrently for murdering him. Actually, she was the one who tried to get him to stop taking so many things thought dangerous. He was also on ephedra which interacts with aspartame, but ephedra by itself is okay. Aspartame interacts with just about every drug used to treat the problems it causes, and it's a chemical hypersensitization agent so it interacts with vaccines and other additives and toxins.

Dr. Blaylock has written a book called Health & Nutrition Secrets to Save Your life and I'll send the class action notice which has the numbers but there is a whole book list on [www.dorway.com](http://www.dorway.com)

It's a cumulative poison! She needs to get off right away.

All my best,  
Betty

At 10:28 AM 5/6/2003 -0700, Greg Miller wrote:

>Hello Betty,

>

>I became aware of your <<http://www.dorway.com>>[www.dorway.com](http://www.dorway.com) website  
>through <<http://www.doctoryourself.com>>[www.doctoryourself.com](http://www.doctoryourself.com). My wife  
>Jill Miller is addicted to diet coke. She has suffered from chronic

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>migraines and thinks this is the only way to cure them. The caffeine  
>constricts her blood vessel and slows the blood through her artery in the  
>brain, stopping the migraine - is what she says.

>  
>She is around 38 and drinks a flippin litre a day of this junk. Her eyes  
>are not good because of stigmatism, she wakes up shaking her arms, her  
>hands and feet are cold a lot and she has a lot of wrinkles for someone  
>her age.

>  
>She won't listen to me. First thing in the morning it's a huge glass of  
>this junk on ice. It is acidic, calcium leaching and wrinkle  
>generating. Her mom and sis pound the crap down to no end and are on  
>medication for being mentally unstable. Her sister Julie is diagnosed as  
>bipolar and her mother becomes monotone if she does not medicate. Your  
>article mentions how aspartame effects serotonin, a main neurotransmitter  
>in the brain.

>  
>My name is Greg Miller. Can you give me any recommendations. Please  
>e-mail her regarding me if you like. The worse thing that could happen is  
>she'd get mad, and the best - maybe she could become aware of her addiction.

>  
>Sincerely,

>  
>Greg Miller

>  
>  
>Do you Yahoo!?

><[http://us.rd.yahoo.com/search/mailemail/\\*http://search.yahoo.com](http://us.rd.yahoo.com/search/mailemail/*http://search.yahoo.com)>The New  
>Yahoo! Search - Faster. Easier. Bingo.